

REPRESENTATION IN DANCE EDUCATION (RIDE) RESOURCE



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This document was updated in 2023.

Cover image: Sam Vaherlehto by Dani Bower Photography

U.Dance 2019 by Brian Slater Photography



Introduction

This resource has been designed with the aim of creating positive change in dance education. We aim to enrich and elevate dance education by raising the profile of global majority dance in the sector.

The RIDE Resource was compiled by members of the Decolonising the Dance Curriculum Roundtable group and an open call-out for submissions also took place on social media.

“The lack of diversity in dance has long been contested by artists within the field, trying to break the glass ceiling. The origins and influence of global majority artists and cultures in the teaching of dance history have often been excluded. The Decolonising the Dance Curriculum Roundtable saw leading practitioners from the dance sector come together to discuss a new future - one in which dance is viewed and, most importantly, taught in a more inclusive way and a curriculum that enthusiastically supports all cultures and styles of dance with equal weight.

We hope that the resulting resource will act as a guide for teachers across the UK, in making the history and future of dance accessible for all. The resource will be updated annually and shared as a wider tool in decolonising the dance curriculum. Students and lovers of dance will be able to engage, contribute, and share as the industry continues to grow and go from strength to strength.”

Monica Ande, Head of Dance at Hampstead School and Roundtable member

This resource showcases global majority dance work through three distinct areas:

- Dance works
- Artists, Workshops and Continued Professional Development (CPD)
- Music list

The aim of the resource is to support teachers and educators to deliver content that is authentic, diverse and inclusive. Teachers will also be able to find global majority artists and companies local to them to support the delivery of dance in their school.

If you are interested in your work being part of the resource or in joining the Roundtable please fill out [this form](#).

We acknowledge that this list is not fully comprehensive and doesn't represent all global majority work in the sector. RIDE is a starting point from which to build on and develop. If your company's work is not shown or you have recommendations, please do get in touch. We would love to hear from you!

*Global majority includes, but is not limited to: artists of African, North African, South Asian, South East Asian, East Asian, Caribbean, Latinx, Middle Eastern, Native American, Native Australian, Pacific Islanders, Roma and Traveller heritage or diaspora, and refers to people who have experienced racism, marginalisation or being 'othered' due to the colour of their skin or ethnicity.

Whilst we use the collective term global majority, we will always try to be specific when talking about individuals and communities and recognise the importance of this.

Dance works

The following dance works can be studied in education and are choreographed by artists of the global majority.

AKRAM KHAN

Dance style: Contemporary

Choreographer: Akram Khan

**The Silent Burn Project
20th Anniversary Project (2020)**

[Watch here](#)
2 hrs 55
Full access to a programme of discussions, music, dance and more.

Father: Vision of the Floating World (2020)

[Watch here](#)
9 minutes 38
(full length piece)



Chinyanta Kabaso by Dani Bower Photography

ALISON RAY DANCE COMPANY

Dance style: Contemporary, African, Lindy Hop and Caribbean Dance

Choreographer: Alison Ray MA

Unknown Soldier (2019)

[Watch here](#)

Unknown Soldier was created in 2019 and developed to a 1 hour production in 2023 with ACE funding.

ALLEYNE DANCE

Dance style: Contemporary

Choreographer: Kristina Alleyne and Sadé Alleyne

Far From Home (2022)

[Watch the trailer here](#)



Young Creative Lara by Dani Bower Photography

ALVIN AILEY AMERICAN DANCE THEATER (AAADT)

Dance style: African Diaspora

Divining (1984)

[Watch first half here](#)
5 minutes 20

[Watch second half here](#)
10 minutes 54

Choreographer: Judith Jamison

Revelations (first premiered 1960)

[Watch here](#)
33 minutes 43

Choreographer: Alvin Ailey

ANEIL KARIA & ALESANDRA SEUTIN

Dance style: Contemporary

Choreographer: Alesandra Seutin

Ina (Light) (2018)

[Watch here](#)
3 minutes 35

ANTONIO BUKHAR SSEBUUMA

Dance style: Afro -fusion and Hiphop blend

Choreographer: Antonio Bukhar

Kasodde (2019)

[Watch here](#)
3 minutes 25

ANTONIO Bukhar in YINI (2017)

[Watch here](#)

AVANT GARDE DANCE COMPANY

Dance style: Contemporary

Choreographer: Tony Adigun

Fagin's Twist (2017)

[Watch excerpts here](#)
3 minutes 49

[Watch trailer here](#)



Young Creative Ashur by Dani Bower Photography

BOP JAZZ THEATRE (UK)

Dance style: Jazz

Choreographer: Dollie Henry

I, You, We Rise! (2019)

[Watch excerpts of several shows here](#)
6 minutes 45

Footprints (2011)

[Watch here](#)
7 minutes 50

Through the Eyes of Woman (2021)

[Watch trailer here](#)
1 minute 52



BOP Jazz Theatre (UK) Artistic Directors Dollie Henry and Paul Jenkins by Maya de Almeida Araujo

BOY BLUE ENTERTAINMENT

Dance style: Contemporary

Choreographer: Kenrick 'H2O' Sandy
Directed by Danny Boyle

Emancipation of Expressionism (2013)

[Watch here](#)
11 minutes

Learning resources for GCSE and KS3-5
[available here](#)

DENADA DANCE THEATRE

Dance style: Ballet, Contemporary and Latinx dance forms

Choreographer: Carlos Pons Guerra

Mariposa (2021)

[Watch the trailer here](#)

The Bull and the Moon (2021)

[Watch the trailer here](#)

To access/ purchase full length productions, please contact carlos@denada-dance.com

DONMAR WAREHOUSE

Suitable for: KS3+ (Contains bad language)

Dance style: Contemporary

Choreographer: Movement
Director Kane Husbands

Monuments: A Donmar Local Project (2021)

[Watch here](#)
6 minutes 51

[Read an interview about the project here](#)



Young Creative Nina by Dani Bower Photography



Dorine Mugisha by Dani Bower Photography

ENGLISH NATIONAL BALLET

Dance style: Contemporary

Choreographer: Akram Khan

Dust (2017)

[Watch here](#)
27 minutes 7

FAR FROM THE NORM

Dance style: Hip Hop styles/ influences

Choreographer: Botis Seva

Reach (2018)

[Watch here](#)
3 minutes 35

FUBUNATION

Dance style: Contemporary

Choreographer: Rhys Dennis and Waddah Sinada

Ruins (2019)

[Watch here](#)
15 minutes 4

[Watch the interview here](#)

IVAN MICHAEL BLACKSTOCK

Dance style: Contemporary

Choreographer: Ivan Michael Blackstock

Traplord Have Mercy (2020)

[Watch here](#)
6 minutes 56



Sonia Sabri Company by Simon Richardson

KENEISH DANCE

Dance style: Contemporary

Choreographer: Keisha Grant

African Sanctus (2022)

[Watch an extract of the work here](#)
3 minutes 32

[Find out more about their education work here](#)

LANRE MALAOLU

Dance style: Contemporary

Choreographer: Lanre Malaolu

FIGURE (2018)

[Watch here](#)
6 minutes 3

Don't Wait (2020)

[Watch here](#)
6 minutes 45

The Circle (2020)

[Watch a documentary about the making of The Circle here](#)
15 minutes 34

MATSENA PRODUCTIONS

Dance style: Contemporary

Choreographer: Anthony Matsena

Simuka (2017)

[Watch here](#)
10 minutes 15

Dance style: Cross-genre

Choreographer: Anthony Matsena and Kel Matsena

Are You Numb Yet? (2020)

[Watch here](#)
9 minutes 9

MCKNASTY PRODUCTIONS

Dance style: Contemporary

Choreographer: Monique Jonas

Young King (2020)

[Watch here](#)
4 minutes 22

MICKAEL "MARSO" RIVIERE

Dance style: Contemporary, Hip Hop and Capoeira

Choreographer: Mickael Marso Riviere

Coven (2021)

[Watch the live performance here](#)
[Watch the film here](#)
[Watch an interview here](#)

Dovetail (2022)

[Watch here](#)
4 minutes 53

MOVEMA

Dance style: Contemporary and world dance: from the African diaspora, Bharatanatyam, Chinese fusion and Irish dance

Choreographer: Ithalia Forel, Pei Tong, Sheetal Maru, Hannah Ballard, Maria Malone and Penny Caffrey

Taking Flight - Migrations (2020)

[Watch here](#)
4 minutes 26

JONA DANCE COMPANY/ NEW ADVENTURES

Dance style: Contemporary

Choreographer: Monique Jonas

Checkmate (2020)

[Watch here](#)
8 minutes 31

NATIONAL YOUTH DANCE COMPANY

Dance style: Hip Hop styles/ influences

Choreographer: Botis Seva

MADHEAD (2019)

[Watch here](#)
6 minutes 40

[MADHEAD single lesson plan available here](#)

The full MADHEAD teaching resource is available for One Dance UK teacher members. [Find out more about teacher membership benefits here.](#)



Tamar Dixon by Dani Bower Photography

SAY

Dance style: Contemporary dance

Choreographer: Sarah Golding and Yukiko Masui

the album (2022/3)

[Watch the trailer here](#)

RHYTHMOSAIC DANCE COMPANY

Dance style: Kathak and Contemporary

Choreographer: Sharon Watson, Ronnie Shambik Ghose and Dr. Mitul Sengupta

Black Waters (2020)

[Watch trailer here](#) with short clip on how the piece was created
1 minute 22

SEETA PATEL DANCE

Dance style: Bharatanatyam

Choreographer: Seeta Patel

The Rite of Spring (2019)

[Find out more here](#)

SHOBANA JEYASINGH DANCE

Dance style: Contemporary (earlier works may have South Asian references)

Choreographer: Shobana Jeyasingh

Material Men Redux

[Watch a documentary with excerpts here](#)
5 minutes 56

[View accompanying downloadable teaching resource with tasks here](#)

Bayadère – The Ninth life

[Watch extract here](#)
4 min 55

[View teaching resource here](#)

Faultline

[View teaching resource here](#)

[View online choreographic task with company dancer here](#)

Shobana Jeyasingh Dance Company has many other works available for study.

All works can be seen in full-length and online for free for teachers/ students by contacting education@shobanajeyasingh.co.uk

SIMA GONSAI FILMS

Dance style: D/Deaf

Choreographer: Sima Gonsai

It's Our Time Dance Film (2021)

[Watch here](#)
3 minutes



Shobana Jeyasingh Dance 'Faultline' by Antonio Pagan

THE PAPPY SHOW

Dance style: Contemporary

Choreographer: Kane Husbands

Boy, Fly (2021)

[Watch here](#)
5 minutes

THE TELLERS COMPANY

Dance style: Jazz

Choreographer: Taylor Walker

The American Dream (2021)

[Watch here](#)
5 minutes 55



The Pappy Show - BOYS at Southbank by Helen Murray



Kingston University dance student by Dani Bower Photography

UCHENNA DANCE

Dance style: House, Waacking, Vogue, African (West) and Contemporary

Choreographer: Vicki Igbokwe-Ozoagu

The Head Wrap Diaries (2016)

[Watch a documentary with excerpts here](#)
5 minutes 23

Our Mighty Groove (2015)

[Find out more here](#)

VICTOR FUNG

Dance style: Contemporary

Choreographer: Victor Fung

Positively Phototactic (2012)

[Watch here](#)
3 minutes 45



Uchenna Dance - Our Mighty Groove by Foteini Christofilopoulou



The Pappy Show - Girls at New Diorama by Heather Carpenter

VIDYA PATEL

Dance style: South Asian

Choreographer: Vidya Patel
(Tutelage Sujata Banerjee)

**Dance Solo from BBC Young
Dancer (2016)**

[Watch here](#)
7 minutes 47

VOCAB DANCE

Dance style: Contemporary

Choreographer: Alesandra Seutin

This Is Not Black (2013)

[Watch a short documentary with
excerpts here](#)
9 minutes 57

ZOONATION: THE KATE PRINCE COMPANY

Dance style: Hip Hop styles/
influences

The Holloway Launderette (2012)

[Watch here](#)
6 minutes 49

Choreographer: Kate Prince and
Felix Harrison

**The Mad Hatter's Tea Party Full
show stream (£25 including VAT)
(2016)**

[Watch here](#)

[View teaching resource pack here](#)

Choreographer: Kate Prince,
Carrie-Anne Ingrouille and Rowen
Hawkins



ZooNation - Groove on down the road by Andy Holdsworth

**Some Like It Hip Hop full show
stream (£25 including VAT)
(2019)**

[Watch here](#)

[View teaching resource pack here](#)

Choreographer: Kate Prince,
Tommy Franzén and Carrie-Anne
Ingrouille

Message In A Bottle (2020)

[View message In A Bottle Education
Pack here](#)

[View message In A Bottle teaching
resource here](#)

The full scheme of work featuring 12
lesson plans is available for One Dance
UK Teacher members. [Find out about
membership full benefits here.](#)

Choreographer: Kate Prince, Lukas
McFarlane, Tommy Franzen and Lizzie
Gough



ZooNation - The Mad Hatter Tea Party by Alice Pennefather

Artists, Workshops and CPD

AAKASH ODEDRA COMPANY

LEICESTERSHIRE

WHAT THEY DO: Workshops and CPD

SUITABLE FOR: Primary students and teachers

Aakash Odedra Company offer a bespoke Primary School Partnership package delivered by our specialist education team, Moving Together. This offer is available to schools in North Leicester and Leicestershire, and forms part of our pilot to establish connections with our local institutions. Schools can access dance-based activity through the partnership, enriching pupils' artistic and cultural experiences.

[MORE INFO](#)



U.Dance 2019 by Brian Slater Photography

AKADEMI

LONDON & BEYOND

WHAT THEY DO: Workshops, Artsmark Partner and CPD

SUITABLE FOR: All

Akademi believe passionately that South Asian dance can engage and inspire people of all ages and backgrounds. Akademi has 30 years' experience of delivering high quality education projects across London and beyond.

They work closely with partner schools and creative practitioners to devise meaningful interventions – from one-off themed workshops to sustained residencies.

Akademi's flexible approach means there is something for everyone. They offer:

- National Curriculum dance targets – such as balance, agility and control.
- Dance for teaching Maths, Science, and English.
- After-school sessions.
- Create performances with pupils.
- Perform at a school assembly or one-off events.
- Programmes around exciting cultural festivals such as Holi Colour Festival, Indian Summer, and Diwali.
- Provide Dhol Drummers, South Asian Dance style dancers, Traditional Storytellers, and more.

[MORE INFO](#)

[WORKSHOPS](#)

[ARTSMARK](#)

[CPD](#)

ARTS ASIA

SOUTHAMPTON

OFFER: Workshops
SUITABLE FOR: All

Delivers lively workshops in South Asian music, dance and visual arts. Bharatnatyam, Kathak, Bollywood dancing as well.

[MORE INFO](#)



U.Dance 2019 by Brian Slater Photography

BHUMI

LONDON

OFFER: Workshops
SUITABLE FOR: All

London based Bhumi offers weekly classes for adults in Odissi and workshops for children, dance lovers, professional movers and community groups.

Bhumi aspires to become a leading centre for dance training and development. Based on the Odissi form, it aims to prepare a new generation of dancers to engage in artistic and scholarly research, and to benefit the wider community through performances and outreach programmes. Bhumi pursues excellence through the values of precision, dedication, creativity, and safe and conscious practice.

[MORE INFO](#)

KALA SANGAM

BRADFORD

OFFER: Workshops and Artsmark Partner
SUITABLE FOR: All

Offers a range of creative workshops in schools promoting South Asian Classical Dance, Folk Dance, Bollywood, various music styles, drama and visual arts.

[MORE INFO](#)



Aishani Ghosh by Dani Bower Photography

KALA THE ARTS

HAMPSHIRE

OFFER: Workshops
SUITABLE FOR: All

Kala The Arts is a leading dance organisation that specialises in the Odissi South Asian dance form. Based in Hampshire and operating since 1999, the organisation was founded by Sushmita Pati, an international Odissi artist, choreographer and Artistic Director of Kala The Arts.

[MORE INFO](#)

KAMALA DEVAM COMPANY

ACROSS THE UK

WHAT THEY DO: Workshops and CPD
SUITABLE FOR: All

Kamala Devam Company offers Bharatnatyam workshops, internships and extended teaching intensives to universities, colleges, schools, museums, and charities.

[MORE INFO](#)



Aishani Ghosh by Dani Bower Photography

SAMPAD ARTS

BIRMINGHAM

OFFER: Workshops
SUITABLE FOR: All

Offers a range of education and outreach activities, single workshops, and short and long-term projects with the focus on learning through creativity and primarily through South Asian arts.

[MORE INFO](#)

SHANE SHAMBHU

EAST LONDON

OFFER: Workshops and CPD
SUITABLE FOR: All

Bharatanatyam-inspired movement aesthetic to share stories of transcultural narratives.

[MORE INFO](#)

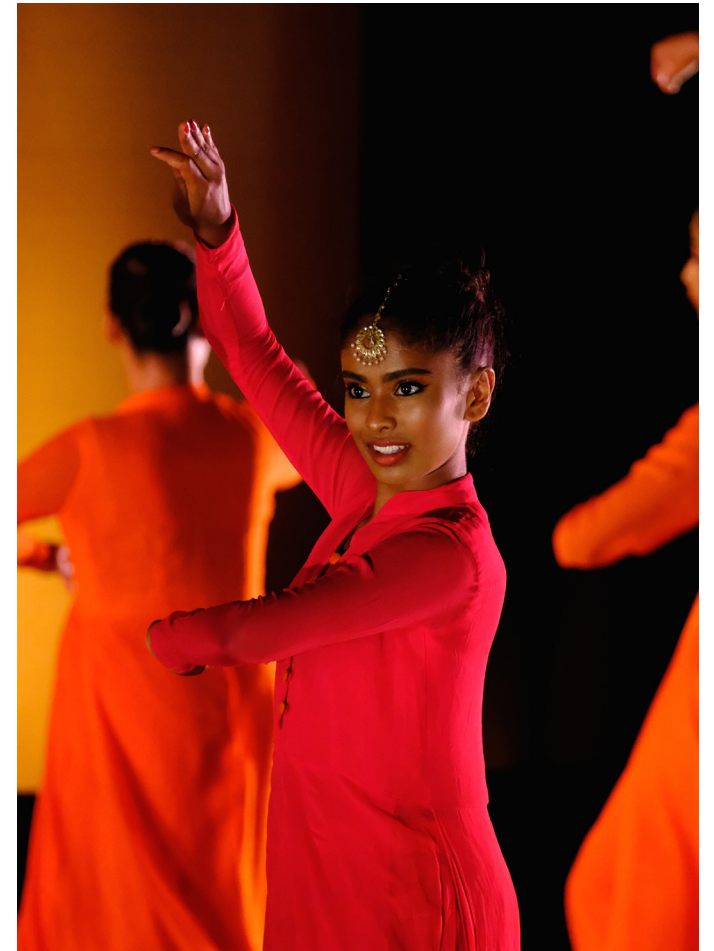
SEETA PATEL DANCE

SOUTH WEST

OFFER: Workshops
SUITABLE FOR: Ages 10+

Workshops for all ages and levels in the dance style of Bharatanatyam. They also mentor young dance professionals.

[MORE INFO](#)



U.Dance 2019 by Brian Slater Photography



Seeta Patel Dance - The Rite of Spring by Foteini Christofilopoulou

SOHAN KAILEY

WEST MIDLANDS

OFFER: Workshops
SUITABLE FOR: All

Provides Bhangra Fusion Dance, Bollywood dance and Creative Movement to Music workshops throughout schools, education, community and corporate establishments.

[MORE INFO](#)



Sohan Kailey - Chilli Fest, Eastnor Castle

SONIA SABRI COMPANY

BIRMINGHAM

WHAT THEY DO: Workshops and CPD
SUITABLE FOR: All

Sonia Sabri Company provide enjoyable, informative and meaningful learning and participatory opportunities for people of all ages, abilities and levels of experience, spanning dance, music, storytelling and filmmaking to explore South Asian culture. SSSCo offer a range of exciting classes, workshops, and training programmes for schools, community groups, HE/FE establishments and emerging dancers and musicians.

Sonia Sabri Company is proud to be a supporter of Arts Award, and offers a range of opportunities for young people to watch, create and interact with music and dance in a safe and inviting environment. As a Supporter organisation, SSSCo has activities and opportunities to help complete Arts Award at Bronze, Silver and Gold levels.

[MORE INFO](#)



Sonia Sabri Company by Simon Richardson

SUJATA BANERJEE DANCE COMPANY

LONDON

OFFER: Workshops and classes
SUITABLE FOR: All

Aims to promote South Asian dance and music in the UK. The Company offers workshops and projects to work with a range of school curricula.

[MORE INFO](#)

SURTAL ARTS

DERBY

OFFER: School workshops
SUITABLE FOR: All

Aims to promote South Asian arts and learning. Delivers workshops and long-term projects in schools using South Asian dance, music, and visual arts.

[MORE INFO](#)

AFIDANCE

BRISTOL

STYLE: Traditional African dance and drumming

SUITABLE FOR: All

Rubba has been teaching traditional African dance and drumming for over 45 years and teaches workshops in school settings for all key stages.

Rubba trains and assists teachers and dancers wanting to experience, teach and perform African dance/drumming.

Rubba has created an online resource to assist teachers in the classroom.

Website coming soon: afidance.com



Afidance

AFRICAN DIASPORA DANCE ASSOCIATION (ADDA)

LONDON

SUITABLE FOR: All

ADDA's mission is to promote and enhance knowledge, understanding and practice of dance styles that fall under the African Diaspora.

ADDA focuses on the dance techniques and genres that have played a fundamental role in carving the cultural imprint of the African Diaspora globally. They aim to highlight how social, political, racial and cultural changes can be expressed through music, theatre and social dances.

ADDA intends to expand its dance curriculum within schools and higher education facilities to include their Core Techniques, ensuring that all dance students, regardless of race or gender, can have access to a broad and solid foundation of training. Their mission is to enable students to be fully equipped to embark on a fulfilled career in their chosen fields in the dance community.

[MORE INFO](#)

[THE TEAM](#)

[THE ADDA CURRICULUM](#)

[PRIMARY SCHOOL PROGRAMME](#)

AFRO DANCE

NORTH EAST

STYLE: Afrobeats

SUITABLE FOR: All

Workshops and classes based in North East Britain.

[INSTAGRAM](#)

AKOMAASA ARTS ACADEMY

LONDON

STYLE: African Dance

SUITABLE FOR: 6-16+

AkomaAsa Arts is a community arts education organisation that offers Western and African diaspora dance forms, music and performing arts training for children and young people age 6-16+.

[MORE INFO](#)



Akomaasa Arts Academy by Alan Hawrylyshen

GLOBAL GROOVES

NORTH WEST

STYLE: Carnival
SUITABLE FOR: All

Creating environments for world-class Carnival arts to happen and bringing people of every kind together to learn, share, collaborate and develop through music, dance, and visual arts.

[MORE INFO](#)

NII KWARTEY OWOO

YORKSHIRE

STYLE: African Dance and drumming
SUITABLE FOR: All

Classes at Yorkshire Dance and workshops available for schools. Based in Northeast Britain.

[MORE INFO](#)

[EMAIL](#)

[INSTAGRAM](#)

JEMMA MAE DANCE

YORKSHIRE

STYLE: Afro Fusion and Street Dance
SUITABLE FOR: All

Dance Artist based in Yorkshire available for workshops.

[INSTAGRAM](#)

[YOUTUBE](#)

NILLANTHIE MORTON

YORKSHIRE

STYLE: Carnival, Soca, Soca exercise classes and street dance
SUITABLE FOR: All

Workshops and classes based in Yorkshire.

[EMAIL](#)

MULEMBAS DANCE

YORKSHIRE

STYLE: African Dance, mainly Kuduro (Angola/ Portugal)

SUITABLE FOR: All

Workshops and classes based in Yorkshire.

[MORE INFO](#)

[EMAIL](#)

PAREESHA VALENTINA

YORKSHIRE

STYLE: Dancehall and carnival arts
SUITABLE FOR: All

Dance Artist and company based in Yorkshire available for workshops.

[INSTAGRAM](#)

[EMAIL](#)



U.Dance 2019 by Brian Slater Photography

WER1 MAS

NORTH WEST

STYLE: West Indian Carnival
SUITABLE FOR: All

Workshops and classes based in North West Britain.

[INSTAGRAM](#)

BOY BLUE ENTERTAINMENT

LONDON

OFFER: Workshops
SUITABLE FOR: All

Primary Schools: They with both Key Stage 1 and Key Stage 2 age groups. These range from being delivered as after school clubs to being a part of content delivered within the curriculum.

Secondary Schools: Boy Blue also work with Key Stage 3 and Key stage 4 age groups. Workshops are tailored to all ability levels and curriculum aims.

[MORE INFO](#)

UK BREAKIN'

HUBS ACROSS THE UK

OFFER: Dance workshops and CPD
SUITABLE FOR: All

UK Breakin' members have been developing a glossary of terms to share the history and foundations of Breakin' to all levels.

Breakers top rock, perform freezes and power moves creatively. Contact UK Breakin' to find teachers in your local area.

[MORE INFO](#)



UK Breakin' by Pete Tweddie

MOVEMA

LIVERPOOL/BRISTOL

OFFER: CPD
SUITABLE FOR: Teachers

CPD training for teachers – World in a Box: A resource for teachers, children and communities to learn about and explore cultures of the world.

Movema offers projects for children and young people promoting learning, well-being and physical activity. Movema aims to promote unity, well-being and build a sense of belonging.

[MORE INFO](#)



Image by Movema

SERENDIPITY

LEICESTER

OFFER: CPD
SUITABLE FOR: Teachers

Serendipity is an internationally connected arts and heritage organisation that actively changes the UK artistic and cultural landscape with an innovative and inspiring high-quality programme. Serendipity fosters innovative new work from artists both emerging and established, bringing diversity to the forefront of cultural experiences for all.

[MORE INFO](#)

COMPANY MARSO

LONDON

OFFER: Workshops
SUITABLE FOR: All

Company Marso share an extensive experience of working within education and community settings. Many of their existing sessions are delivered in term time, after school, and school holidays and involve working towards specific learning aims and objectives, work that supports curriculum requirements. Regular classes can be a fantastic asset to support your work or curriculum and suit your venue or organisation in its dance development.

[MORE INFO](#)

DENADA DANCE THEATRE

YORKSHIRE AND THE HUMBER

OFFER: Workshops
SUITABLE FOR: Key Stage 2

For schools, DeNada offers workshops in creative dance, flamenco and Latinx forms for children in Key Stage 2.

They also offer academic lectures for those at higher education level.

[MORE INFO](#)

MATSENA PRODUCTIONS

LONDON

OFFER: Workshops and CPD
SUITABLE FOR: Children 11+ and Teachers

Matsena Productions is a performance company, focused on the entirety of movement through the use of different performative arts.

[MORE INFO](#)



Matsena Productions in "Shades of Blue" by Moligo Photography



DeNada Dance Theatre - Mariposa. Photo by Joe Armitage.

USEFUL RESOURCES LIST:

[Dr Ayo Walker – Decolonising the dancing body](#)

[Is it possible to decolonise 'oriental' dance? - Naiara, Sarah, & Subhashini](#)

Music

You can find all the songs listed in this section on a [Spotify playlist here](#).

AFROBEATS

ARTIST:

SONG:

Kizz Daniel	Yeba
Mr Eazi, Major Lazer, Nicki Minaj and K4mo	Oh my gawd
TECKNO	Pana
Tiwa Savage	Koroba
WizKid	Jono
Zlantan	Lagos Anthem



AFROFUSION

ARTIST:

SONG:

ALBUM:

A-WA	Yeba	
Burna Boy	Oh my gawd	
John Falsetto and Mohamed Sarrar		Sounds of Refuge
Tems	Damages	

AFRO-LATIN

ARTIST:

SONG:

DJ Jigüe and Alva	Dengele
Ibeyi	River
Ozuna	Siguelo Bailando
Susana Baca	Negra Presentuosa

AFROPOP

ARTIST:

SONG:

ALBUM:

Teni		WONDALAND
Yemi Alade	Turn up	
Neru Americano	Mambo Rijo	
Neru Americano and Scro Q Cuia	Tic Taa	

BHARATANATYAM

ARTIST:

SONG:

Sudha Ragunathan	Bho Shambo
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BOLLYWOOD

ARTIST:

SONG:

Diljit Dosanjh	Gulabi Pagg
Palak Muchhal	Prem Ratan Dhan Payo
Sukhwinder Singh and Sachin-Jigar	Tumbe Te Zumba
Sachin-Jigar, Rashmeet Kaur, Shamur and IP Singh	Nadiyon Paar



COUPÉ DÉCALÉ

ARTIST:

SONG:

Fally Ipupa	École
Diamond Platnumz and Fally Ipupa	Inama
Toofan and Fally Ipupa	Ye mama
Magic System, Kriss & Lexa and Bob Sinclar	Bouger bouger
	Premier Gaou



DANCEHALL REGGAE

ARTIST:

SONG:

Koffee	Lockdown
Patoranking	Celebrate me
Skip Marley and Damian Marley	That's not true
Zum and Shenseea	Rebel

GQAM

ARTIST:

SONG:

Babes Wodumo and Mampintsha	Wololo
Distruction Boyz	Omunye
Sho Madjozi	Huku

INDIAN

ARTIST:	SONG:	ALBUM:
Abi Sampa	Rang	
A.R. Rahman		Beyond the clouds
	Bombay Theme	
		The Hundred-Foot Journey
Anoushka Shankar		Land Of Gold
Nitin Sawhney		Displacing the Priest
		Philtre
		Water
Johannes Berauer, Cormac Byrne, Soumik Datta, City of London Sinfonia and Bill Barclay		King of Ghosts

NDOMBOLO

ARTIST:	SONG:
Alikiba	Oya Oya
Papa Wemba	Yolele
Zuchu and Khadija Kopa	Mauzauza



RAP

ARTIST:	SONG:
Alewya	Sweating
Little Simz and Obongjayar	Point and Kill
Panjabi MC	Mundian to Bach Ke
Rafa Pabön	Sin Aire

SOCA

ARTIST:	SONG:
Voice and Kerwin Du Bois	We Doh Play
Kes	People
Machel Montano	Beat it
	Erupt
Shall Marshall	Splinters

SOUTH AFRICAN HOUSE

ARTIST:	SONG:
DJ Cleo and Bucy Radebe	Gcina Impilo Yami
Heavy-K, Professor and Mpuni	Umoya
Nomcebo Zikode and Master KG	Xola Moya Wam’

WARM UP

GENRE:	ARTIST:	SONG:
GQOM	Babes Wodumo and Mampintsha	Wololo
	Khanvict	Closer
Afrobeats	Kizz Daniel	Yeba
Afrobeats	Major Lazer	Light it Up
Soca	Machel Montano	Erupt
Afro-Latin	Ozuna	Siguelo Bailando
Afrobeats	Tekno	Suru
Afrofusion	Tems	Damages
Afrobeats	Tiwa Savage	Koroba
Afrobeats	Wizkid	Joro

CENTRE WORK

GENRE:	ARTIST:	SONG:
	Bedouin Burger	Nomad
Coupé Décalé	Diamond Platnumz (ft Fally Ipupa)	Inama
	Miriam Makeba	The Click Song
	Obongjayar	Never Change
RAP	Rafa Pabön	Sin Aire
Gospel	Scrapyard Choir	Utlwa Sefefo Samoya
Afro-Latin (Peruvian)	Susana Baca	Detrás de la Puerta
Afro-Latin (Peruvian)	Susana Baca	Negra Presentuosa
Japanese Drums	Wadaiko Maturiza	Kabuki Gomen-Jyo

CORNER WORK/ JUMPS

GENRE:	ARTIST:	SONG:
Afrofusion	A-WA	Hana Mash Hu Al Yaman
Coupé Décalé	Magic System	Premier Gaou
Dancehall Reggae	Skip Marley (ft Damian Jr. Gong Marley)	That's Not True
Bollywood	Sukhwinder Singh and Sachin- Jigar	Tumbe Te Zumba
Afrobeats	Yemi Alode (ft Selebobo)	Na Gode
Afrobeats	Zlatan	Ale Yi

CORNER WORK/ TRAVELLING

GENRE:	ARTIST:	SONG:
Afro-Latin	DJ Jingüe (ft Alva)	Dengele
Coupé Décalé	Fally Ipupa	Ecole
Afro House	Neru americano and Scro Q Cuia	Tic Taa
Soca	Shal Marshall	Splinters
Coupé Décalé	Toofan	Gbessi Gbeko
Soca	Voice and Kerwin Du Bois	We Doh Play



IMPROVISATION EXERCISES

Red Mood - High/Energised

GENRE:	ARTIST:	SONG:
	A Tribe Called Red	Sila
GQOM	Big Nuz	Emahlanyeni
Afro-Latin	DJ Jingüe (ft Alva)	Owu!!!
Soca	Machel Montano	Beat It
Coupé Décalé	Magic System	Bouger Bouger
	Major Lazer	Pon de Floor
	Noriko Tadano	Tsugaru Jongarabushi (Kyokubiki)
RAP	Panjabi MC	Mundian To Bach Ke

Blue Mood - Light/Airy

GENRE:	ARTIST:	SONG:
Ndombolo	Alikiba	Oya Oya
	Baloji	Spoiler
South African House	DJ Cleo (ft Bucy Radebe)	Gcina Impilo Yam
Dancehall Reggae	Koffee	Shine
GQOM	Pabi Cooper	Isiphithiphithi
Bollywood	Palak Muchhal	Prem Ratan Dhan Payo
Dancehall Reggae	Patoronking	Celebrate Me
Bharatanatyam	Sudha Ragunathan	Bho Shambo
	Yasmine Hamdan	Samar

Grey Mood - Slow/ Low/ Still

GENRE:	ARTIST:	SONG:
Indian	Abi Sampa	Rang
Indian	A.R. Rahman	Beyond the Clouds
	Beverly Glenn-Copland	Winter Astral
	Jorja Smith	Home
Afrofusion	Libianca	People
	Miriam Makeba	Olilili
Indian	Nitin Sawhney	Nothing
	Shyam Singha Roy	Pranavalaya
Bharatanatyam	Sudha Ragunathan	Thaye Yashoda
	Yasmine Hamdan	Beirut

Yellow Mood - Bright/ Quick/ Sudden

GENRE:	ARTIST:	SONG:
GQOM	Destruction Boyz	Omunye
	John Falsetto and Mohamed Sarrar	Akadela
	Keleketla!	Shepherd Song
	Los Dioses Del Ritmo	ALO MICHAEL – Rico Rico
Ndombolo	Papa Wemba	Mandola
GQOM	Sho Madjozi	Huku
	Taraana	The Land of Spice

Green Mood - Cool/ Sustained

GENRE:	ARTIST:	SONG:
RAP	Alewyra	Sweating
Indian	A.R. Rahman	Bombay Theme
	Charlotte Adigéry and Bolis Pupul	HAHA
Bollywood	Diljit Dosanjh	Gulabi Pagg
	John Falsetto and Mohamed Sarrar	Jar Bai Alzaman
	Mafikizolo	Ngeke Balunge
	Mokoomba	Misozi
Indian	Nitin Sawhney	Mausam
Bollywood	Sachin-Jigar, Rashmeet Kaur, Shamur and IP Singh	Nadiyon Paar

Purple Mood - Heavy/ With weight

GENRE:	ARTIST:	SONG:
	A Tribe Called Red	R.E.D.
Drill	Guvna B, Ghetts	U Get Me?
	John Falsetto and Mohamed Sarrar	Etab
	Mokoomba	Masangango
Indian	Nitin Sawhney	Displace the Priest
	Nkahane	Plague
Dancehall Reggae	Patoronking	ABOBI
Dubstep	Skrillex and Damian Jr. Gong Marley	Make It Bun Dem
Indian	Soumik Datta	King of Ghosts

Pink Mood - Flexible/ Indirect

GENRE:	ARTIST:	SONG:
Indian	Anoushka Shankar	Reunion
South African House	Heavy K (ft Professor & Mpumi)	Umoya
Afro-Latin	Ibeyi	River
	John Falsetto and Mohamed Sarrar	Refuge
RAP	Little Simz and Obongjayar	Point and Kill
	neru americano	mambo rijo
	Nitty Scott (ft Zapp Mama)	La Diaspora
	Yussef Dayes (ft Venna and Charlie Stacey)	Black Classical Music

COOL DOWN/ RELAXATION

GENRE:	ARTIST:	SONG:
Indian	A.R. Rahman	New Beginnings
	Beverly Glenn-Copland	Sunset Village
Afrofusion	Burna Boy	Common Person
Soca	Kes	People
Dancehall Reggae	Koffee	Gifted
	Mokoomba	Nimukonda
South African House	Nomcebo Zikode (ft Master KG)	Xola Moya Wam'
Afropop	Teni	
	Umeko Ando	Iyomante Upopo
Afropop	Yemi Alode	Baddie

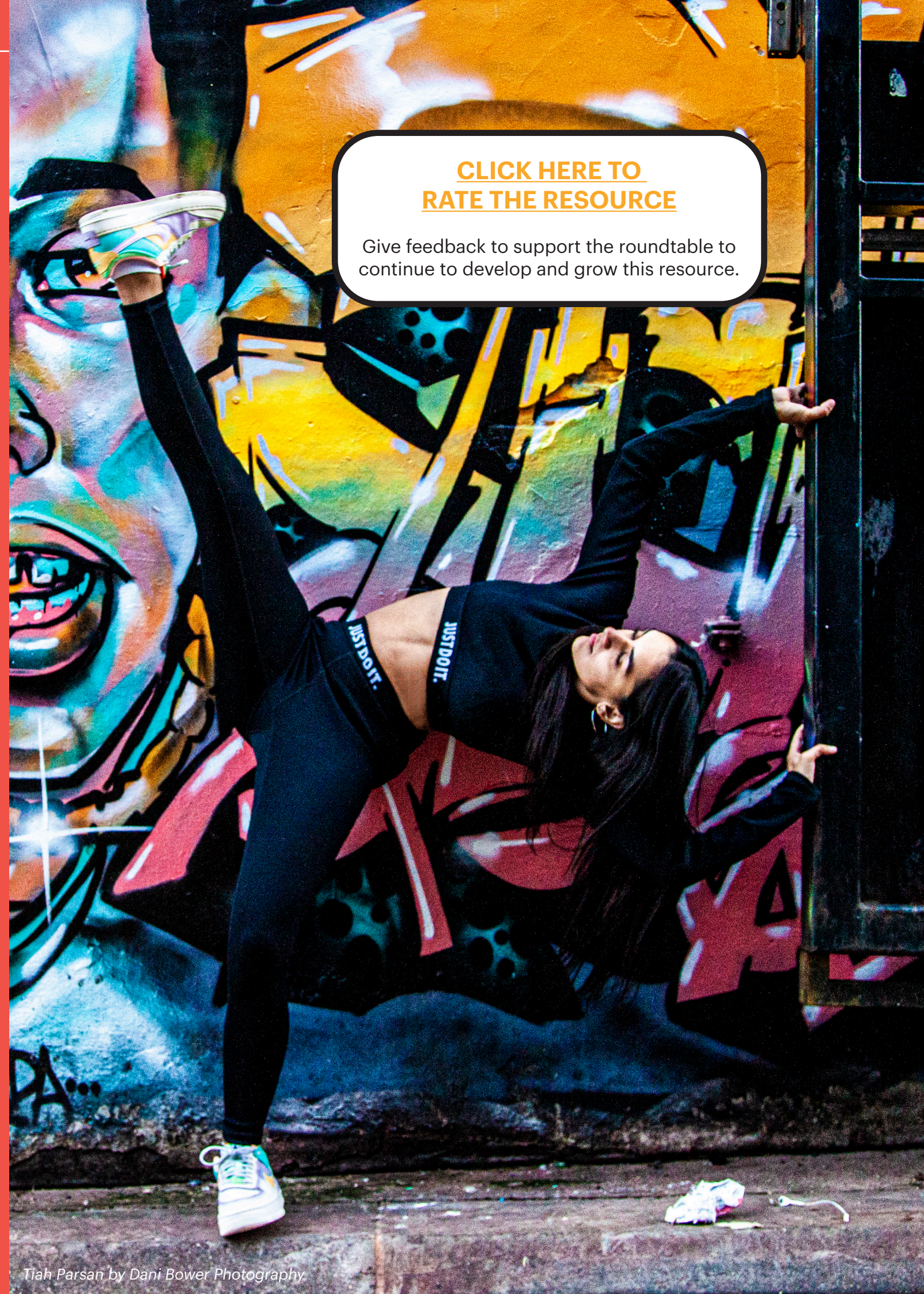
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