

Unconscious Bias – Briefing Document



OVERVIEW

One Dance UK's Unconscious Bias training gets participants to begin to think about how biases and non-inclusive attitudes can negatively affect not only the working environment but also the day-to-day interactions.

We recognise the importance for everyone to understand the dynamics of bias within and beyond the workplace, and we aim to facilitate a space that allows for honest conversations about difficult topics. The aim of this training is to enable all participants to understand:

- Different types of bias and;
- Social science behind biases and how they're formed

This is a precursor to our Conscious Inclusion training, and we would highly recommend having the Conscious Inclusion training alongside, to help implement learning and understand how to mitigate biases.

All our training content is regularly evaluated and updated to ensure it fits the current climate.



TARGET AUDIENCE

All staff members inclusive of freelancers and volunteers.



DELIVERY

This is a 2.5 hour workshop facilitated by a member of the Workforce Development Team.



FEEDBACK

89% satisfaction rating from participants, with 100% highly recommending the training to our members.

"The trainer created an inclusive friendly atmosphere that enabled me to participate."

"Chinyere was great at explaining concepts and making the training clear and engaging, with a good level of complexity."